

# YOGA CLASSES

with Carolyn Freeman

at Catholic Church of Our Lady

32 Kings Road, Fleet, GU51 3ST

Call 07713 792913

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[www.yoga-spirit.org.uk](http://www.yoga-spirit.org.uk)



Mondays 8:00pm  
From 4th February 2019

Tuesdays 11:30am  
From 5th February 2019

Suitable for all ages and abilities

Open drop in sessions

Pay as you go £8.00 per session  
or block of 10 for £75.00

