

# YOGA CLASSES

with Carolyn Freeman

at Hartley Wintney Methodist Church

Main hall, 61 High Street, RG27 8NY

Call 07713 792913

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VINYASA YOGA CLASS

Thursdays 8pm



GENTLE HATHA CLASS

Thursdays 6:15pm

From 7th February 2019

Suitable for all ages and abilities

Open drop in sessions

Pay as you go £8.00 per session

or block of 10 for £75.00

