

VINYASA YOGA



with Carolyn Freeman
at The Park Club



1st Floor, Hart Shopping Centre, Fleet, GU51 3LA

Call 07713 792913

email cjf@yoga-spirit.org.uk

www.yoga-spirit.org.uk



Open drop in sessions available to members & non-members
Pay as you go £8.00 per session or block of 10 for £75.00

Every Wednesday 8pm to 9pm
from 2nd January 2019

Free parking available in multi-storey
car park, Albert Street

